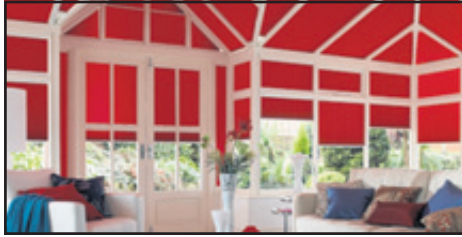




REALLY USEFUL BARGAINS

Alison Cork has some great ideas for the home and garden

BEST OF THE WEEK



AS the UK's leading conservatory blinds specialist, Thomas Sanderson gives you more than one reason to stay at home this summer. Choose from pleated, pinoleum or metal venetian blinds, with over 1,000 colour and styling combinations, to transform your conservatory into a room you'll never want to leave.

Each blind is individually measured, handcrafted and installed, meaning that Thomas Sanderson can fit to virtually any window in your conservatory. And with specialist fabric technology that reflects the sun's rays, Sanderson blinds can ensure your conservatory is kept cool this summer.

And thanks to its exclusive three for two summer sale on all blinds, buy two blinds and choose a third absolutely free. To claim this discount and to order your free brochure call 0800 220 603 and quote reference 155DB. Offer closes July 31, 2009. www.tsoffer.co.uk.

The Diary

SO it seems if this week is anything to go by we may really be in for a hot, hot, hot summer. About time too. Not wanting to jinx it or anything but here are some must-haves to maximise enjoyment out of the sunshine:

■ Nine times out of 10 you take the easier option to buy ice lollies from the shop. But why not choose the healthier, more fun option? Reduce the amount of E-numbers children are consuming by letting them make their own ice lollies. Visit www.decuisine.co.uk and check out the multi-coloured lolly maker for only £4.15.

■ There's nothing like a cocktail or two to get you into holiday mode this summer. Thanks to Funkin you needn't leave the comfort of your home to get a cocktail as good as one made by a top mixologist. Just add the advised spirit and mix! Perfect for impromptu drinks parties. Visit www.funkin.co.uk.

■ Lastly, treat your garden to a mini makeover with asda.com. For £100 you can get all of the following: a Flymo mini trim and Microlite mower, a composter, a hozelock multipurpose hose set, a sprinkler and a round charcoal barbecue. Visit www.asda.com.

Competition of the Week

THE world's biggest bed company, Sealy, has just launched its most technologically advanced beds to date constructed of individually designed sleep zones to ensure the best night's



sleep – the new Posturepedic ranges. To celebrate this great advance in sleep technology, Sealy is giving away a Posturepedic bed (from £1,000).

The new Posturepedic beds are simply the only ones that tick all the boxes to help you get the best night's sleep ever. Visit the website to see the full range.

To be in with your chance to win one of these Posturepedic beds just text "hunter" to 83222. Texts cost 50p plus standard network charge. Visit www.bayswatermediagroup.com to enter online and for terms and conditions. Competition closes at midnight on August 4.

For more information on the latest Sealy Posturepedic ranges visit www.sealy.co.uk or for sales inquiries call 01697 320342.